

FY2015 CHNA&HIP Progress Report

Scott County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Develop and implement a plan to expand the mental health workforce in Scott County.	Establish or support an existing committee that will focus on the recruitment of Scott County mental health professionals.	In an effort to overcome the difficulty in recruiting and hiring psychiatrists in the Quad Cities community, Scott County's community mental health center has filled a few vacant positions with mental health ARNPs. One of the local health systems currently utilizes hospitalists in the behavioral health unit in an effort to meet the demand for mental health services. Drop-in clinics are now also available in the community to address the need for emergency services for clients with acute mental health concerns.
	Investigate strategies to develop physicians' skills to better meet mental health needs.	The Trauma Informed Care Consortium continues to provide targeted education opportunities for physicians and other groups in the community to become trained on trauma informed care/adverse childhood experiences and resiliency for children. Many of the community's law enforcement officers, school personnel, physicians, and community-based providers have completed this training. The training is scheduled to also be provided to military leadership at the community's Rock Island Arsenal. Consortium leaders have reported much success in recognizing mental health integration within the community. Mental health first aid trainings also continue to be regularly scheduled for community providers.
	Research "best practices" for professional recruitment.	ARNPs have been hired at Scott County's community mental health center to meet the mental health needs of the community. Internal staff at the community mental health center continue to implement a variety of recruitment efforts to bring mental health professionals to the area, but funding continues to be a barrier.

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	Develop a Scott County recruitment plan.	Due to the efforts being focused on Mental Health Redesign and Medicaid Modernization, there is no activity to report at this time.
	Implement the Scott County recruitment plan.	There is no activity to report at this time.

GOAL	Strategies	Progress on Strategies
Use existing, and solicit for new, individuals and groups to work collaboratively to address access to mental health services in Scott County.	Identify individuals and groups addressing mental health needs in the community.	Identified groups continue to carry out their missions both independently and collaboratively when appropriate.
	Recruit identified individuals and groups addressing mental health needs in the community to work collaboratively to address access to mental health services in Scott County.	During FY2015, the Social/Emotional Screening Advisory Committee expanded school-based screening of 4th grade students from one school in each of the four districts to two schools in each district. The group also worked with the Mississippi Bend Area Education Agency to develop a database to track the screening results. A total of 554 screenings were completed (87% by teachers and 13% by students). Results found that 8.5% of the students were scored very high and 4.8% high for needs. The scoring by students was similar with 8.5% very high and 2.8% high. The group has worked with the schools to identify additional resources to support needs. Prior to the screening taking place, the group offered training to teachers, principals, counselors and others at the eight screening schools. Dr. Warren Phillips presented his "Up, Down, and All Around" training which reviews ADHD, Oppositional defiant disorder, and Pediatric Bipolar Disorder. Plans are being made for the 2016-2016 school year currently. The Bettendorf, North Scott and Pleasant Valley school districts will be expanding the screening to all elementary schools. Davenport will be including two additional schools and talk is underway with up to two non-public schools to participate. Committee members have also shared information regarding the project with representatives from the Iowa Department of Education and have been asked to provide several presentations at statewide meetings.

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	Assist QC Hearts and Minds to strengthen the adult mental health component of the initiative.	Members of the Q.C. Hearts and Minds workgroup are coordinating efforts on a Quad City-wide, bi-state mental health and social service consortium called The Open Network. The Open Network utilizes an integrated approach to link community providers together as a single system to connect mental health clients to the most appropriate services to meet their individualized needs. The Open Network seeks to champion mental health through advocacy and brand human service systems as experts who are highly effective in producing measurable outcomes to create a healthier community. The group hosts quarterly meetings and continues to brainstorm opportunities for improving its efforts. The Q.C. Hearts and Minds workgroup continues to champion and spread the message of this and other community mental health efforts to providers and the public in our bi-state community.
	Support Scott County Decategorization/Scott County Kids development of a system of care for children's mental health in Scott County.	The Scott County Kids' Provider Panel and Family Panel continue to meet. The groups hosted a Smashing Stigma through Hope and Opportunity Conference during May 2015 to help reduce stigma towards mental health issues for children. Topics addressed included adverse childhood experiences, bullying, suicide, self-care for parents, and healing through senses. Members of the Provider Panel and Family Panel are continuously monitoring information and updates regarding Medicaid Modernization and as more information becomes available will be implementing a SWOT analysis of children's mental health in the community to determine where weaknesses and opportunities lie within the children's mental health system.

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	Advocate for mental health care delivery at the appropriate level based on triaged need.	The Eastern Iowa/Western Illinois Trauma Informed Care Consortium began hosting regular meetings of committed stakeholders, including representatives from social service agencies, civic leaders, health care practitioners, schools, philanthropic funders, and trauma survivors, in 2014. Consortium Initiative Teams were developed to address the following topics: Community Education, Organizational Competence, Civic Services, Resource Development, Data Management, Universal Screening, Early Childhood, School Districts, Health/Mental Health, Messaging/Marketing, and Prevention. Five initiatives, Community Education, Family Empowerment, Community Competency, Marketing and Messaging, and Mechanism for Change, were incorporated into the Consortium's 2015 Strategic Direction Plan. Recent efforts by the Consortium have focused on providing community-wide and tailored individual group trainings on ACEs and being trauma-informed. At the end of 2014, the Consortium reported having 150 agencies represented in its efforts, 75 community members active in Initiative Teams, and 1,200 community members trained on ACEs and begin trauma-informed.
	Approach local transportation stakeholders to investigate the expansion of public transportation availability.	The City of Davenport hosted a Public Transportation Stakeholder Focus Group intended to identify strengths, weaknesses, and potential opportunities of the CitiBus system to help improve service, efficiency, cost effectiveness, and ridership. Representatives from a number of community programs, including community mental health services and the correctional system, participated in the discussion. Research has been collected on the demographics of CitiBus riders, ridership per route, and barriers to utilizing services and was shared with focus group participants. Service improvement, efficiency, service availability times, routes, and accessibility to all areas of Scott County were addressed during the focus group. Recommendations will be provided to Davenport CitiBus and the community by the consulting firm leading the project in the upcoming months.
	Investigate the implementation of a case monitoring program in Scott County for all residents to access.	Activities continue to be focused on Mental Health Redesign and more recently on Medicaid Modernization and what that means for services and individuals locally.

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GOAL	Strategies	Progress on Strategies
Convene a mental health taskforce to address the mental health needs of individuals in the corrections setting.	Convene a mental health taskforce to address mental health needs in the corrections setting.	The Scott County Mental Health and Law Enforcement Taskforce continues to meet. Scott County Community Services has worked closely with Davenport Police Department staff to identify potential ways to partner to meet needs.
	Investigate the unique mental health needs of the Scott County corrections setting.	The Scott County Mental Health and Law Enforcement Taskforce continues to meet on an as-needed basis to identify, discuss, and address the mental health needs of inmates within the correctional health setting. Efforts are also made to address needs of individuals likely to enter the correctional setting due to the impact their mental health needs have on their ability to function in the community setting.

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	Research “best practices” for meeting the mental health needs of individuals in the corrections setting.	<p>Efforts from the 2014 fiscal year continue to be implemented to ensure best practices take place for inmates in the correctional setting.</p> <p>Psychologists and/or ARNPs from Genesis Psych Associates continues to provide services in the correctional setting to ensure medication best practices continue to be provided to inmates in the jail. Staff at the jail and Scott County’s Community Services assist individuals with medication and other needs upon transitioning out of prison.</p> <p>The Scott County Health Department Correctional Health Coordinator continues to implement the successful jail yoga in both the female and male populations. Groups have benefited by learning coping skills and stress relief. This program is based off of the Prison Yoga Project, which cites a number of studies that scientifically support yoga, meditation and mindfulness training in prison to lower re-offense rates, incidence of substance abuse, depression, hostility and improve impulse control.</p> <p>Jail inmates continue to be offered the Parenting Inside Out program to assist in the development of parenting skills for incarcerated parents with children under 5. Inmates learn child care techniques while visiting and building relationships with their children. The program is provided through a partnership with the Sheriff's office and Family Resources and is funded by Early Childhood Iowa.</p>
	Investigate potential funding opportunities to support identified mental health needs in the corrections setting.	There is no activity to report at this time.
	Investigate the possible integration of a mental health court program into the Scott County court system.	There is no activity to report at this time.

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	Develop a plan for addressing the unique mental health needs of the Scott County corrections setting.	As the Mental Health Redesign programs move forward, the programs put into place benefit individuals more likely to enter the correctional system due to their often unaddressed mental health needs. Work continues to take place with individuals with unique mental health needs as they transition out of the corrections settings. Coordination continues between corrections staff and the Integrated Health Homes programs, inter-county mental health providers, community-based housing and care coordination providers, and others to assure the unique needs of individuals are met through a safety net of community services. A heightened awareness has evolved between the corrections staff, community medical professionals, mental health providers, and other core community service providers on the needs of this population.
	Educate local and state elected officials about Scott County's plan for meeting mental health needs in the corrections setting.	Elected officials continue to be educated regarding the impact cuts in mental health funding will have on existing and new jail inmates. Scott County is a member of the Urban County Coalition that works to develop and communicate the needs of our communities to legislators. Scott County's Community Services Director is the designated County staff member participating with the Urban Coalition in its efforts to educate lawmakers on a variety of topics, including the need for stable mental health funding. The Scott County Community Services Director keeps the Scott County Board of Supervisors abreast of movement related to funding levels for mental health services.
	Implement the plan.	There is no activity to report at this time.

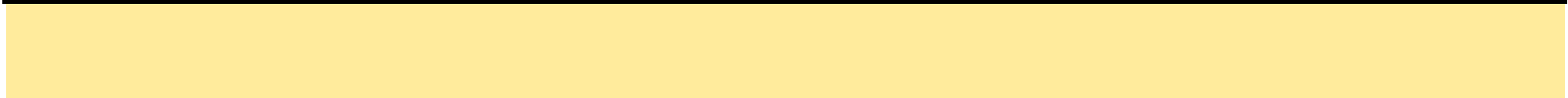
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GOAL	Strategies	Progress on Strategies
Establish a group to advocate for the increase of mental health funding for MH/DS (Mental Health/Disability Services) in Scott County.	Use existing, and solicit for new, individuals and groups to assist in the forming of an advocacy workgroup to address the mental health funding needs in Scott County.	Members of the Scott County Kids Provider Panel and CHNA-HIP Steering committee continue to educate legislators on the mental health needs of the Scott County community, including service provision and mental health funding needs. Representatives attend local legislative forums and attend events at the State Capitol in an effort to communicate the community's needs to area representatives.
	Educate the group on "best practices" for advocacy work.	There are still no plans to provide formal advocacy training.
	Develop a plan for advocating for an increase in MH/DS funding in Iowa.	Scott County is a member of the Urban County Coalition that works to develop and communicate the needs of our communities to legislators. Scott County's Community Services Director, also a member of the Community Health Assessment Steering Committee Team, is the designated County staff member participating with the Urban Coalition in its efforts to educate lawmakers on a variety of topics, including the need for stable mental health funding. Prioritizing such legislative issues is included in the Scott County Board of Supervisors 2015-2016 Goals and Objectives. The Scott County Community Services Director continues to meet with legislators at the local and state level to educate and advocate for legislators to ensure a stable funding source for mental health going forward through FY17. The current funding mechanism will change in June 2016. The team member reports having very positive conversations with Scott County representatives regarding the importance of these services in Scott County.
	Research a central point of internet access for mental health information to support grassroots education and advocacy.	There is no activity to report at this time.
	Develop a social marketing campaign to educate the community about Scott County's mental health funding needs.	There is no activity to report at this time.

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	Educate local and state elected officials about the effects of decreased funding in Scott County.	The member of the Community Health Assessment Steering Committee Team who has championed mental health in Scott County continues to meet with legislators at the local and state level to educate and advocate for legislators to ensure a stable funding source for mental health going forward through FY17. The current funding mechanism will change in June 2016. The team member reports having very positive conversations with Scott County representatives regarding the importance of these services in Scott County. Members of the Scott County Kids Family Panel hosted a meeting with area legislators to educator legislators on mental health in the community and to voice mental health concerns. Similar efforts have been made by the Scott County Kids Provider Panel.



GOAL	Strategies	Progress on Strategies
Develop a plan for community access to information about programs and services that promote healthy living.	Use existing, and solicit for new, individuals and groups to form a workgroup to develop a plan for accessing programs and services in the community that promote healthy living.	The Quad City Health Initiative changed the name of the Nutrition, Physical Activity and Weight (NPAW) Panel to Be Healthy QC. This group meets three times per year as a whole to report on progress of the workgroups associated with marketing, worksite wellness, school wellness, preschool and child care, health homes, built environment, and access to healthy foods.
	Investigate integration with existing resources to promote healthy living.	Quad City Health Initiative's Be Healthy QC [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] continues to align the efforts of various stakeholders and projects throughout the Quad Cities. Workgroups continue to meet regularly to address marketing, worksite wellness, school wellness, preschool and child care, health homes, and built environment and access to healthy foods. Updates on the various workgroups are provided to members of the Be Healthy QC at meetings three times per year. In addition, the Quad City Health Initiative is in the process of rolling out a monthly newsletter to report progress on the Be Healthy QC's work plan and the new Partnership to Improve Community Health (PICH) grant activities. This newsletter is provided electronically to community partners.

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	Pursue funding opportunities to support the implementation of the plan.	UnityPoint-Trinity, as the fiscal agent of the Quad City Health Initiative, applied for and was awarded the Partnership to Improve Community Health (PICH) grant. This grant will build upon the goals of the Be Healthy QC Coalition goal to enhance local efforts that increase access to environments with healthy food or beverage options and that increase access to physical activity opportunities. Through funds awarded, they are seeking to implement policy, systems, and environmental changes in the schools, preschools/childcare, and community sectors that will contribute to this increased access. They are also utilizing the funds to increase access to healthy foods for priority populations in our community and enhancing the community's infrastructure for supporting community health activities.
	Create a public awareness campaign to promote the plan and to engage the community in a grass-root movement toward living healthier lives.	Quad City Health Initiative's Be Healthy QC [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] has formed a Marketing, Branding, and Communications workgroup to develop a common brand and messaging campaign that "connects the dots" for healthy eating/active living work across sectors. A logo has been developed and is being utilized on health messages, partner websites, and through a new worksite wellness initiative.

GOAL	Strategies	Progress on Strategies
Establish a resource for cultural competency information to increase the understanding of cultural differences when promoting healthy living.	Investigate resources and current practices for the provision of cultural competency information to area health and wellness professionals.	An assessment of agencies and professionals was completed to determine the cultural competency needs of the area workforce. Two surveys were implemented to solicit input from area health, wellness, and social service agencies and professionals about organizational and professional cultural competency needs and barriers to training. A third survey was implemented to measure the Scott County Health Department's Care For Kids Program's success in providing culturally appropriate services. The results of these surveys were recorded in a report and presented to staff at the Scott County Health Department.
	Research evidence driven cultural competency content to be used in the resource for cultural competency information.	Results of the cultural competency content, tools, and resources research were presented to staff at the Scott County Health Department.

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	Investigate “best practices” for delivering cultural competency information.	Information on the best practices for delivering cultural competency information were taken into account when developing recommendations for providing cultural competency information to area health and wellness professionals
	Develop a plan for providing cultural competency information to area health and wellness professionals.	A recommendation based on the assessment outcomes and availability of resources was presented to staff at the Scott County Health Department. The recommendations included a cultural competency tool kit to be made available on the Scott County Health Department website, which should contain sample policies, procedures, mission statements, and strategic plans that communicate a commitment to improving staff cultural competency and providing culturally competent services. Other strategies were also identified, including the provision of self-assessments on the website, links to training resources, and a cultural competency “News and Notices” section where local agencies can partner with each other to host trainings.
	Implement the plan for the provision of culturally competent information in Scott County.	There is no activity to report at this time.
	Promote the availability of culturally competent information to area health and wellness professionals.	There is no activity to report at this time.
	Sustain and maintain the resource for cultural competency information.	There is no activity to report at this time.

GOAL	Strategies	Progress on Strategies
Implement the ACTIVATE Quad Cities, Davenport THRIVE, and QCHI Wellness Champions program plans to reach each initiative’s identified goals and objectives.	Continue implementation of the ACTIVATE Quad Cities’, Davenport THRIVE’s, and QCHI Wellness Champions’ goal plans.	The Quad City Health Initiative’s Be Healthy QC Coalition [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] provides regular updates electronically to community partners, including those who were previously part of ACTIVATE Quad Cities, Davenport THRIVE, and QCHI Wellness Champion groups. Many of these community partners participate on various workgroups of the Be Healthy QC, or are members of the Coalition.

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	Hold regular meetings in order to move plans and activities forward.	Quad City Health Initiative's Be Healthy QC Coalition [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] continues to meet three times per year to report on progress of the various workgroups that meet regularly throughout the year.
	Review and revise plans annually in order to document progress.	Quad City Health Initiative's Be Healthy QC [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] continues to review and update the project plans and initiatives.
	Pursue funding to support plans and activities.	State funding for the Community Transformation Grant (CTG) program was eliminated following the 2014 fiscal year. The Scott County Health Department secured additional funding through the Local Public Health Services contract to continue to fund a full-time staff position to implement community transformation activities that align with Scott County's Health Improvement Plan. These activities have included: community initiatives to facilitate walking, biking, and incorporate systems-level and environmental community nutrition interventions; worksite wellness initiatives to assist in the development or strengthening of policies and/or environmental changes to promote physical activity, healthy eating, and chronic disease prevention; and food systems initiatives to assess and implement activities concerning the local food system.
	Develop a framework for sharing each initiative's progress toward attaining goals and objectives with community stakeholders.	The Quad City Health Initiative's Be Healthy QC Coalition [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] continues to serve as the umbrella organization for aligning goals and sharing information regarding progress towards achieving health initiatives in community for the following workgroups: marketing, worksite wellness, school wellness, preschool and child care, health homes, built environment, and access to healthy foods.
	Implement framework for sharing each initiative's progress toward attaining goals and objectives with community stakeholders.	A report on community transformation activities is provided at both the Quad City Health Initiative's Be Healthy QC Coalition [formerly known as the Nutrition, Physical Activity and Weight (NPAW) Panel] and the Worksite Wellness Workgroup meetings. Information is also shared with the Scott County Board of Health. Minutes from the Be Healthy QC Coalition continue to be shared with community partners regarding the progress of the workgroups.